
Nature Journal

Make your own journal from recycled materials, then use it to record what you find when you go outside!

Materials:

Cardboard, thin tree bark, or other stiff material to make a cover
Paper for pages (make your own, or save used paper)
Small bags or envelopes for collecting
Glue, string, or other materials for attaching items
Colored pencils, watercolors, etc.



Directions:

1. Cut pages and cover to the size you want for your journal.
2. You might use flat paper bags or envelopes as storage "pages" for things you pick up along the way.
3. Punch holes along one edge and tie pages and cover together with string, raffia, or ribbon.
4. Use bags or envelopes to save leaves or flowers.
5. Write and draw about what you've seen, smelled, heard, touched or tasted!